**Wichtiger Hinweis: Alle Zeitvorgaben sind ca.-Werte. Die Anzahl der Teilnehmer/innen je Block und Altersklasse wird sich bis kurz vor Wettkampfbeginn durch Nach-, Um- und Abmeldungen erfahrungsgemäß verändern. Änderungen sind deswegen möglich. Bitte beachtet die Lautsprecherdurchsagen.**

**2026 vorläufig**

| | | Weibliche U 16 | | | | | | | | Weibliche U 14 | | | | | | | | U 12 | | | | |
|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|
| | | W 15 | | | | W 14 | | | | W 13 | | | | W 12 | | | | W11 | W10 | | | |
| | | **Block Sprint**<br>100 m<br>80mHü<br>Weit<br>Hoch<br>Speer<br>(500 g) | **Block**<br>100m<br>80mHü<br>Weit<br>Kugel<br>(3 kg)<br>( 1 kg) | **Block Lauf**<br>100m<br>80mHü<br>Weit<br>Ball<br>(200 g)<br>2000 m | | **Block Sprint**<br>100 m<br>80mHü<br>Weit<br>Hoch<br>Speer<br>(500 g) | **Block**<br>100 m<br>80mHü<br>Weit<br>Kugel<br>(3 kg)<br>(1 kg) | **Block Lauf**<br>100m<br>80mHü<br>Weit<br>Ball<br>(200 g)<br>2000 m | | **Block Sprint**<br>75 m<br>60mHü<br>Weit<br>Hoch<br>Speer<br>(400 g) | **Block**<br>75 m<br>60mHü<br>Weit<br>Kugel<br>(3 kg)<br>(750g | **Block Lauf**<br>75 m<br>60mHü<br>Weit<br>Ball<br>(200 g)<br>800 m | | **Block Sprint**<br>75 m<br>60mHü<br>Weit<br>Hoch<br>Speer<br>(400 g) | **Block**<br>75 m<br>60mHü<br>Weit<br>Kugel<br>(3 kg)<br>(750g | **Block Lauf**<br>75 m<br>60mHü<br>Weit<br>Ball<br>(200 g)<br>800 m | | **Fünf-kampf**<br>50 m<br>50m Hü<br>Weit<br>Ball<br>(80 g)<br>800m | **Fünf-kampf**<br>50 m<br>50m Hü<br>Weit<br>Ball<br>(80 g)<br>800m | | | |
| | | 4 | 2 | 4 | | 4 | 8 | 8 | | 1 | 5 | 7 | | 2 | 6 | 5 | | 14 | 8 | | | |
| **11.00** | | | | | | | | | | | Weit 2 | | | Weit 1 | | | | Ball 2 | Ball 1 | | | **11.00** |
| **11.15** | | | | | | | | | | | | | | | | | | | | | | **11.15** |
| **11.30** | | | | | | | | | | | | | | | | | | | | | | **11.30** |
| **11.45** | | | | | | | | | | Hoch 1 | | | | Hoch 1 | | | | 50 m | 50 m | | | **11.45** |
| | | | | | | | | | | | | | | | | | | | | | | |
| **12.15** | | | | | | | | | | | | | | | | | | | | | | **12.15** |
| **12.30** | | | | | | | | | | | | | | | | | | | | | | **12.30** |
| **12.45** | | 80mHü | 80mHü | 80mHü | | 80mHü | 80mHü | 80mHü | | Weit 3 | | | | | | | | | | | | **12.45** |
| | | | | | | | | | | | | | | | | | | | | | | |
| **13.15** | | Weit 2 | Weit 2 | | | | | Ball 2 | | | | | | 60mHü | 60mHü | 60mHü | | 50m Hü | 50m Hü | | | **13.15** |
| **13.30** | | | | | | Weit 1 | | | | | | | | | | | | | | | | **13.30** |
| **13.45** | | | | Weit 2 | | | Kugel | | | | | | | | | | | 800m | 800 m | | | **13.45** |
| | | | | | | | | | | | | | | | | | | | | | | |
| **14.15** | | Hoch 1 | | | | Hoch 1 | | | | 60mHü | 60mHü | 60mHü | | | | | | | | | | **14.15** |
| **14.30** | | | Kugel | | | | Weit 1 | | | | | | | | | | | | | | | **14.30** |
| **14.45** | | | | Ball 1 | | | | | | Speer | | | | Speer | Kugel | | | | | | | **14.45** |
| | | | | | | | | | | | | | | | | | | | | | | |
| **15.15** | | Speer | | | | Speer | | | | 75 m | 75 m | 75 m | | 75 m | 75 m | | | | | | | **15.15** |
| **15.30** | | | Diskus | | | | Diskus | | | | | | | | | | | | | | | **15.30** |
| **15.45** | | | | | | | | | | | | | | | | Weit 3 | | | | | | **15.45** |
| | | | | | | | | | | | | | | | | | | | | | | |
| **16.15** | | | | | | | | | | | | | | | | | | | | | | **16.15** |
| **16.30** | | | | | | | | | | | | 800 m | | | | 800 m | | | | | | **16.30** |
| **16.45** | | | | 2000 m | | | | 2000 m | | | | | | | | | | | | | | **16.45** |